

These numbers are so you can call us / text us when you need to:

My Keyworker is.....

Mobile.....

Office.....

Other useful numbers:

.....

.....

Contact No: 0207 527 2319

Islington Families Intensive Team

The Annex

Laycock Centre

Laycock Street Islington

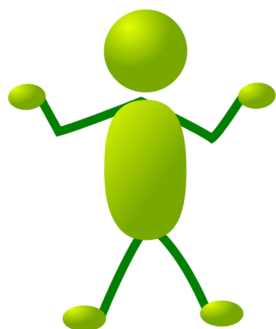
N1 1TH

IFIT is part of Islington's Stronger Families Programme

**If you would like this document in large print or Braille, audiotape
or in another language, please contact 020 7527 2000**

**Islington Early Help:
Islington Families Intensive Team
(IFIT)
Information for Young People**





Do you sometimes struggle to get to school?

Do you find there are lots of arguments at school or home?

Do you want a better relationship with your family?

Is there anything worrying you that you would like help with?

Do you find it difficult to get motivated to learn and stay focused?

Do you want people to understand you better?

Do you find that you sometimes get in trouble with the police?

Do you find that you get angry and then get into trouble?

Who are IFIT?

IFIT is a service for young people and families. Our team is made up of specialist workers who can help you and your family in lots of different ways. You will have a keyworker who will see you and your family twice a week for up to six months. There may also be other people you might meet depending on what you'd like help with.

The work we do...

We work with you and your parent/carer so that things at home get better. We also work closely with other services you may know (school, YOS, TYS, CAMHS, social workers) to make sure we all work together to support you best.

We like to get to know you, your whole family and anybody else that's important to you before we start any work. This is so we can be sure we are setting the right goals and doing the things that you and your family are asking for.

Our aim is to give you the best opportunities to achieve your potential, whatever this means for you. For example you might want to do better in school, get in trouble less often or understand your feelings better.

Where?

We can meet with you in your home, out in the community (youth club, etc.) or in school - it's up to you!