

Whole School Assembly

**Monday 19th April 2022
Summer Term**

Dear God, help us to...

Christ the King School Mission Statement



*Live together in harmony
Grow and develop in Christ
Reflect God's Love in all we do*

3,5,7



What is a prayer

A prayer is a way of talking to God. When we pray to Jesus we are also praying to God as God is in three parts.

Prayer is the raising of your heart and mind to God- a form of communication

Our faith tells us that by praying to and talking to God, we become closer to him and he helps us through prayer, to understand what he wants us to do and say.

You can also pray to Mary or any of the saints

How do we pray?

There are lots of ways to pray or to talk to God.

- Saying a prayer (by yourself)
- Group prayer (class/assembly)
- Prayer Space (prayer & peace garden)
- Read scripture
- Singing
- Silent prayer/meditation
- Reflection

By putting our hands together, over our hearts we can focus on talking to God. Our fingers point upwards, which remind us of God in heaven.

We make the sign of the cross to remind ourselves that Jesus died so that we can be forgiven by God and always feel accepted by him.

Why do we pray?

To ask for something:

- Forgiveness
- For something you want/need
- For strength
- For an answer/guidance
- For protection/peace

To say thank you:

- For our many blessings
- Or for something specific

For other people:

- For people having a difficult time
- For a country
- For guidance/help for a person or a group of people

To prepare:

- For the Eucharist
- For a sacrament

Jesus taught us how to pray

<https://www.youtube.com/watch?v=S81k0SCzOCY>

The disciples didn't know how to pray so they asked Jesus to teach them how to pray.

Jesus taught them to pray the Our Father, which is a prayer that we use today. This prayer is also sometimes called the Lord's prayer.

The Lord's Prayer



What Does it Mean?

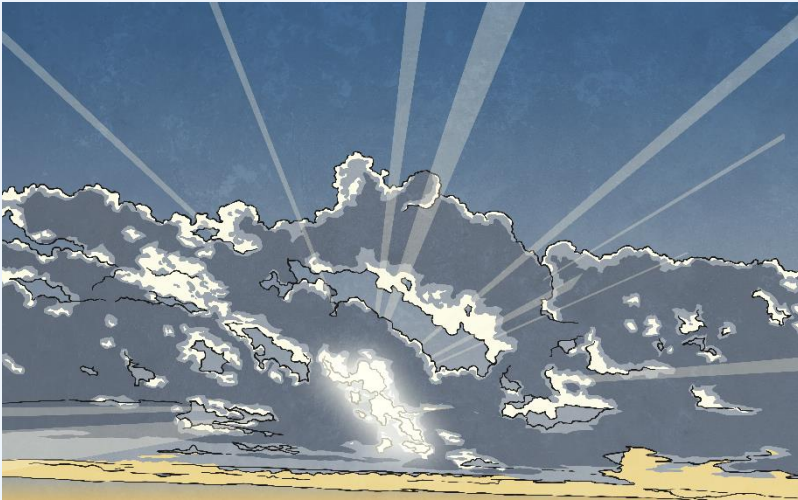
The Lord's Prayer is a Christian prayer which Jesus taught his disciples to say.

Each line has its own meaning.



Our Father, who art in heaven

The prayer begins by making it clear who people are praying to.
Christians believe that God is the Father of everyone.



'Art' is an old way of saying 'is', so
we are saying:
'Our Father who is in heaven'.
One God, in heaven.

You can think of heaven as being with God.

Hallowed be thy name

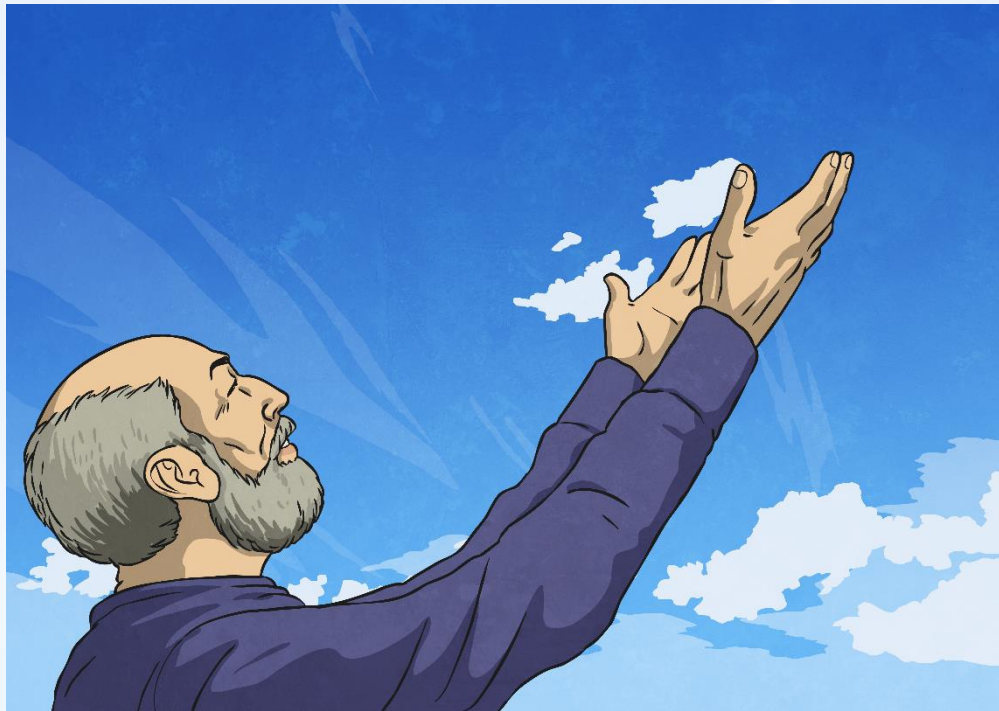


God's name is honoured and respected as holy. 'Thy' is an old way of saying 'your', so we are saying:

"God, your name is holy."

Thy kingdom come

God's Kingdom will come to every Christian and God is their King. That they live by His commandments and let him 'rule' in their hearts.



Thy will be done

Christians believe that they should not always do just what they want to do, but live according to God's will.

That His will is done, and not ours. Living in peace and love.



On earth as it is in heaven

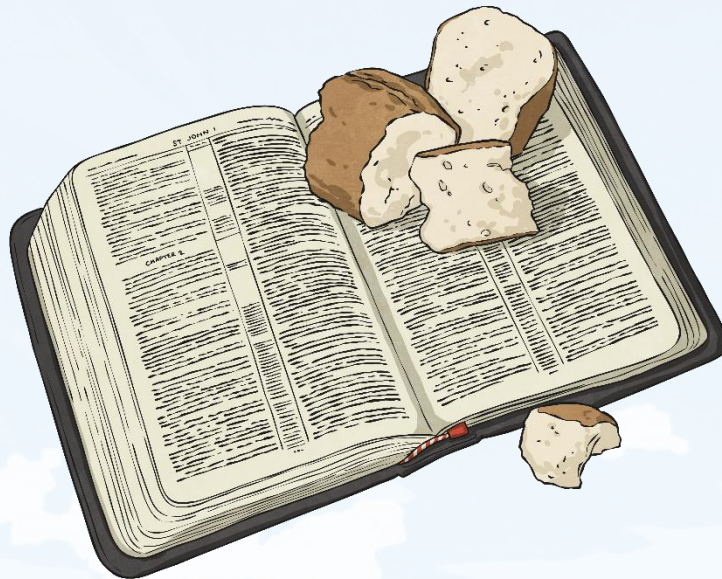
Christians believe that heaven is a beautiful, loving, caring and perfect place, and that life on earth would be wonderful if it could be more like that in daily life.



Give us this day our daily bread

Shows the need for food and nourishment of the body, but also the need to 'feed' our minds and spirits.

Christians recognise the need for spiritual growth and 'feed' their spirit through prayer and reading the Bible. Trusting God to give them what they need.



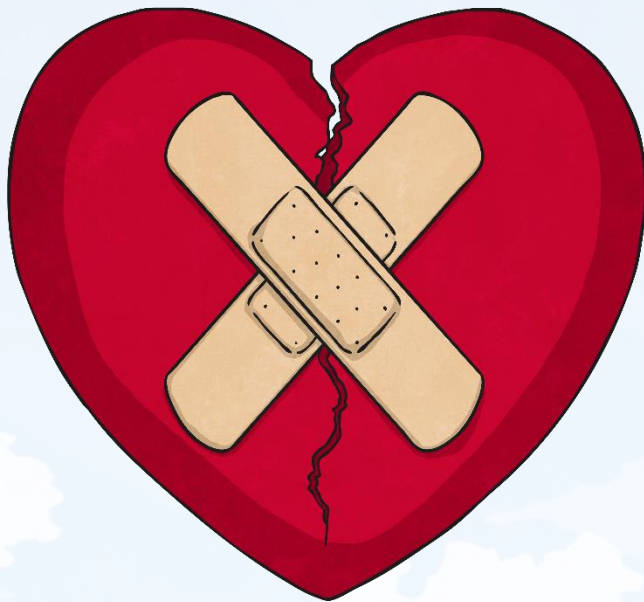
And forgive us our trespasses



The word 'trespasses' means 'sins' or 'wrongful thoughts and actions'. Christians ask for forgiveness from God in prayer when they have done wrong.

As we forgive those who trespass against us

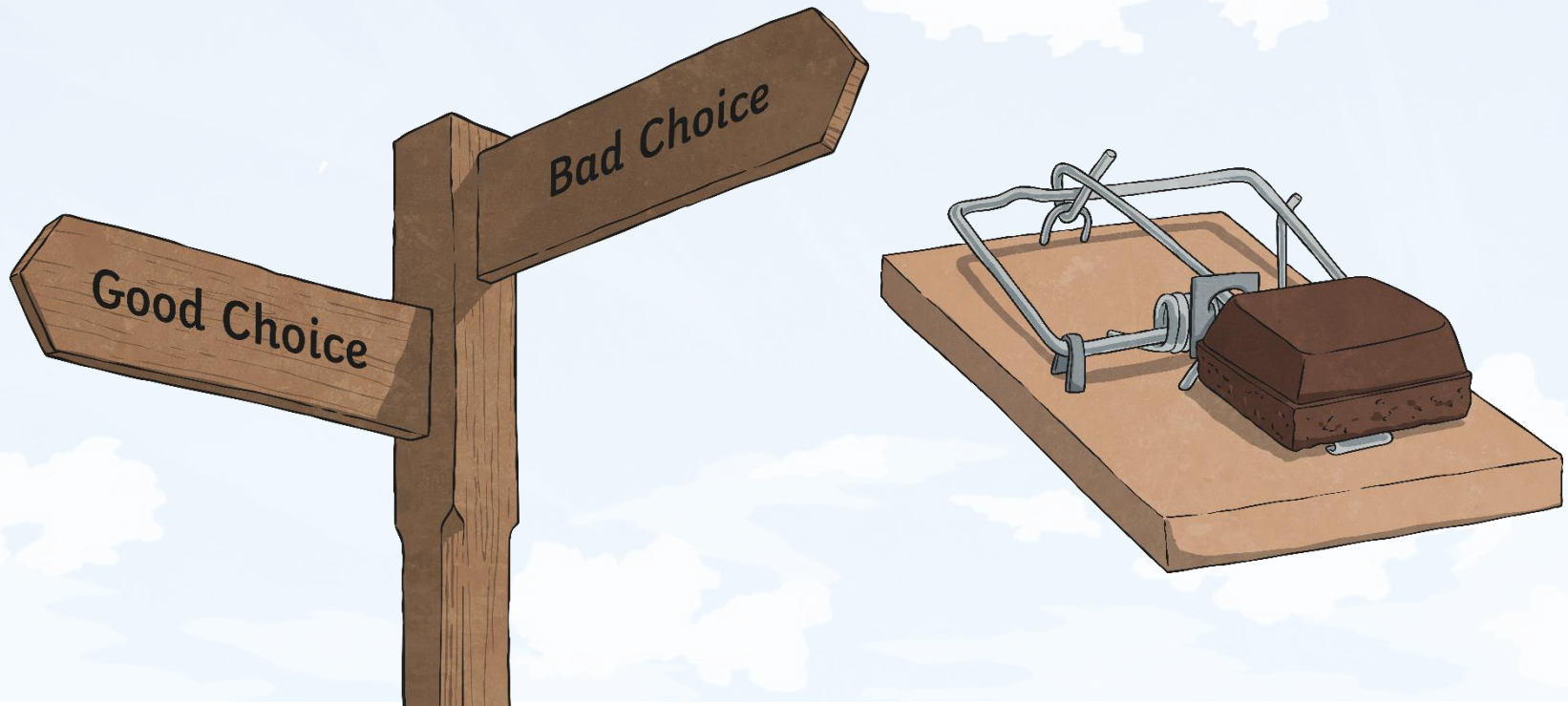
Not only can Christians ask God for forgiveness, they must also learn to forgive people who have upset or hurt them.



People cannot expect forgiveness without letting go of anger, grudges and unpleasant thoughts about others.

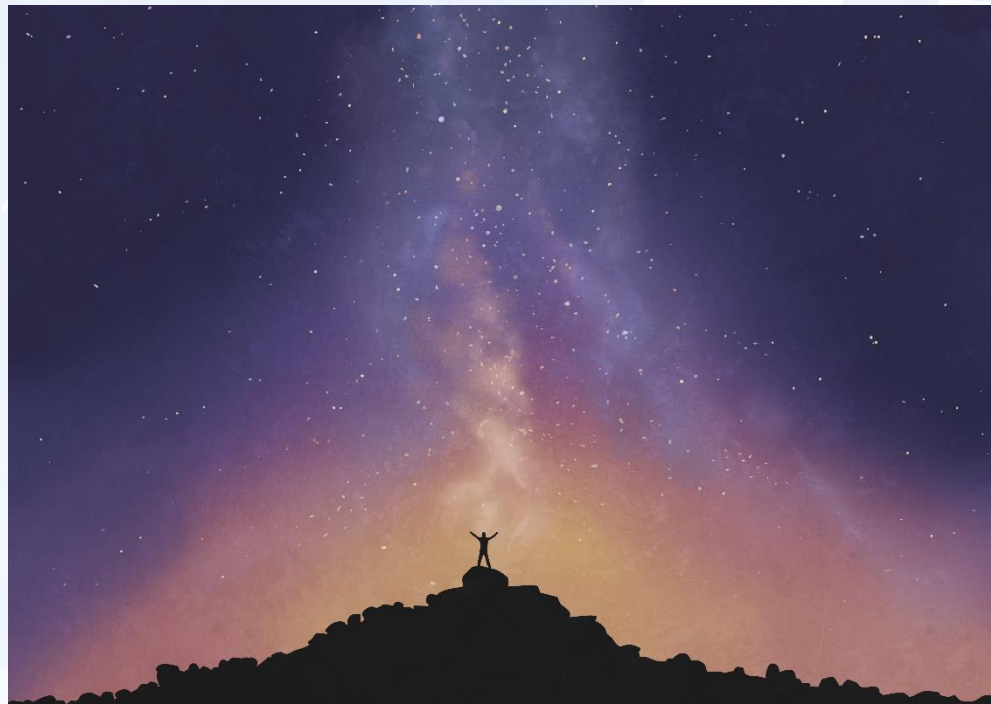
And lead us not into temptation

Temptation means anything we want to do but we know we shouldn't. Christians ask God to help them not to allow themselves to be tempted into making bad choices that might upset or hurt themselves or someone else.



But deliver us from evil

Evil is anything that leads a person away from God, it can get in the way of a good relationship with God and others. Christians ask God for protection from evil.



Amen

Amen means “So be it”. It is a form of blessing at the end of the prayer.

