

Can you remember who this is?



**Can you remember what her
message was?**

St. Therese of Lisieux



**Doing little things can still show
love.**



St. Therese

When she was a little girl
Therese went to school like
you.

She didn't like school very
much but she tried her
best.

She was sick a lot but she
was always happy and
cheerful.



St. Therese

Therese loved God very much but often worried that because of her illness she couldn't do great and wonderful things like other people.



The Little Flower

Therese saw the world as God's garden with each person being a different kind of flower. She saw herself not as a big strong, beautiful flower but as one of the little flowers.



The Little Way



One day Therese realised that even though she was little she was still important to God and he loved her.

She knew that she didn't have to do amazing things she could still do little things to help others and show love.

She could still do things to make a difference to others but in a Little Way.

Big Love

When she was 15 Therese became a nun.

Therese spent her life doing small things to help others. She taught others to do simple things with a lot of love.

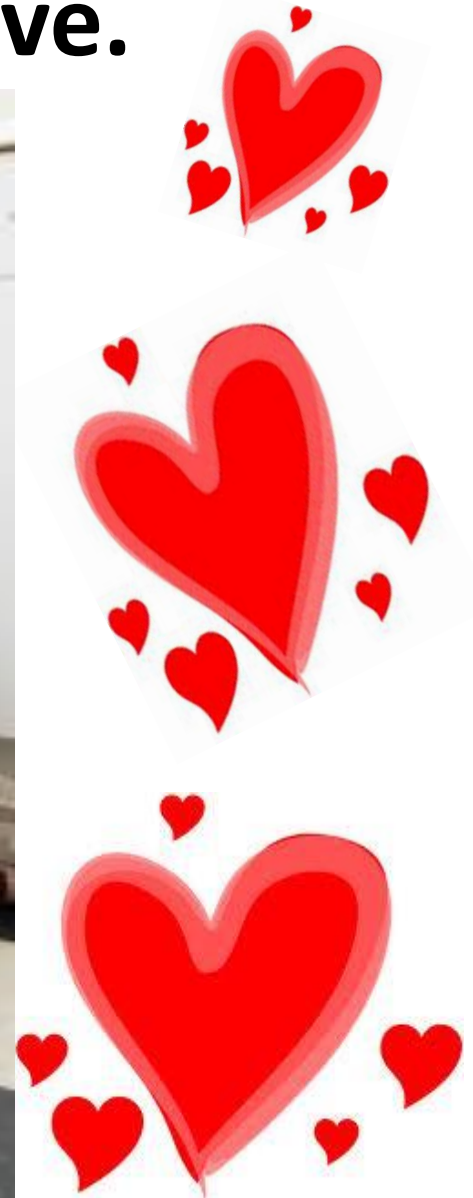
After she died Theresa was made into a Saint because of her special life and gifts.

We celebrate her feast day on October 1st.

What matters is not great deeds but great love.



St. Therese has taught us that doing little things can show love.



The message of Therese is simple.



God does not look so much at the greatness of our actions, but at the love with which we do them



What are the small acts of love that you do for others?



Let us pray

Please help me to always
remember the message St Therese
taught us.

Each day help me to do something
little to show my love for others.

Thank you for the people who do
things for me that make me feel
happy and loved.

Lord in Your Mercy

