

Autumn Winter
2026 2027
Week 1

OPTION 1



MONDAY

Macaroni Cheese



TUESDAY

Vegetable Tagine
with Rice



WEDNESDAY



Lentil Wellington with Roast
Potatoes and Gravy



THURSDAY

Saucy Tomato and Bean
Pasta Bake



FRIDAY



Red Pepper Frittata
with Chips



OPTION 2

Autumn Harvest
Lasagne



Healthy Beef and Lentil
Bolognese



Roast Chicken Stuffing
Roast Potatoes and Gravy



Chicken Tikka Masala



Battered Fish
with Chips



DESSERT

Apple and Raisin Flapjack



NEW Apple Crumb Cake
with Custard



Fruit Platter



Strawberry Jelly with
Mandarins



Freshly Fruit Salad



*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN

OPTION 1

MONDAY

Tuna Pasta Bake



TUESDAY

**Lentil and Basil Whirl
With Wedges**



WEDNESDAY

**Lentil and Roasted Vegetable
Pasta**



THURSDAY

**Creamy Chickpea and
Coconut Curry with Rice**



FRIDAY

Tomato and Butterbean Pasta



OPTION 2

**Classic Cheese and Tomato
Pizza with Wedges**



**Chicken and Sweetcorn
Meatballs in Tomato Sauce
with Rice**



**BBQ Chicken with
Seasoned Potatoes and
Sweetcorn Salsa**



Beef Lasagne



**Breaded Fish or Fish
Fingers with Chips and
Tomato Sauce**



DESSERT

Peach Upside Down Cake



**Chocolate and Banana
Oaty Square**



Fruit Platter



**Sticky Toffee Apple
Crumble with Custard**



Freshly Fruit Salad



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Autumn Winter
2026 2027
Week3

OPTION 1



MONDAY

Mild Mexican Chilli with
Rice



TUESDAY

Health Spaghetti
Bolognese



WEDNESDAY



Planet Friendly Sausage
with Roast Potatoes and



THURSDAY

Caribbean Stew with
Golden Rice



FRIDAY



Cheese and Bean
Pasty with Chips



OPTION 2

Macaroni Cheese



NEW Chicken 50% Enchilada
Bake with Paprika Wedges



Mild Caribbean Chicken
with Roast Potatoes



Minced Beef Cottage Pie



Fishfingers with Chips &
Tomato Ketchup



DESSERT

Fruit Platter



Pear Crumble with Custard



Fruit Platter



Wholemeal Orange and
Cinnamon Shortbread



Chocolate and Apple
Sponge and
Chocolate Sauce



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